

Academy physical fitness records

1/1/2019

Push ups

Male under 45	120	Skyler Stegall	12/18/14
Male over 45	82	Dean Ratcliff	5/17/18
Female under 45	75	Stephanie Pool	12/18/07
Female over 45	35	Kristina Scott	12/18/14

Sit ups (one minute)

Male under 45	64	Zachariah Horton	12/13/18
Male over 45	56	Jerry Ross	05/21/15
Female under 45	64	Kristin Norris	12/18/07
Female over 45	44	Kristina Scott	12/18/14

Vertical Jump

Male under 45	41	Austin Adams	12/17/15
Male over 45	27	Steven Hoerning	12/16/10
Female under 45	26.5	Samantha Reynolds	6/23/2016
Female over 45	16	Monica Parr	12/18/07

1.5 mile run

Male under 45	8:22	Seth Rhoads	5/26/16
Male over 45	11:06	Darrin Stugis	6/14/12
Female under 45	11:06	Larissa Warren	6/16/11
Female over 45	13:40	Monica Parr	12/18/07

300 meter sprint

Male under 45	:38	Josh Applegate	12/14/06
Male over 45	:47	Steven Hoerning	12/16/10
Female under 45	:52	Jennifer Bunting	5/25/12
		Corrina Jamail	5/23/13
Female over 45	1:11	Kristina Scott	12/18/14

Total PT points

Male	497	Tyler Marshall	5/26/16
Female	413	Megan Orso	5/26/16

Top academic

97.97	Chelsea Loveland	6/09/20
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Top guns

Male	98.97	John Adamson	7/09/20
Female	96.61	Danisha Smith	12/21/12