Drury’s Wellness Discount Program

As wellness is one of Drury’s strategic values, the University is offering employees the opportunity to participate in a premium discount program for their health insurance.

Employees electing coverage under Drury’s health care plan will contribute a portion of the cost for their individual coverage. The amount of the contribution will be determined through participation in the Wellness Discount Program.

- Employees hired on or before March 31, 2018, are eligible to participate in the Wellness Discount Program.
- Employees hired on or after April 1, 2018 need not apply for the premium discount until the next plan year.

The current employee premium contribution beginning June 1, 2018 is $50 per month. (The amount of the contribution is established annually.) Employees will have the ability to offset the $50 per month by participating in the Wellness Discount Program. To qualify employees must:

1. Be a non-tobacco user who has successfully not used or who has begun a tobacco cessation program in the last 6 months (by October 1, 2017).
2. Complete a Health Risk Assessment (Biometric HRA) or annual physical within the last 12 months (May 1, 2017-April 30, 2018).
3. If identified with a Chronic Condition, enroll in the MedWatch Living Well with Chronic Conditions Program before April 30 (additional information below).

Employees must apply for the wellness discount on an annual basis. Applications will be accepted April 1-30 of each year to be applied toward the health care premium beginning June 1. Discounts will be applied for the entire 12 months of the Plan Year. Those that choose not to participate will not receive the discount. Additionally, there will be no exceptions for late applications received after April 30.

MedWatch Living Well with Chronic Conditions Program:

Drury University has been providing Chronic Condition Management Programs for several years. MedWatch will be providing these programs to help you improve your health and enhance your overall quality of life. These conditions include, but are not limited to:

- Asthma
- Chronic Obstructive Pulmonary Disease
- Diabetes and related co-morbidities
- Heart Health Conditions (Coronary Artery Disease, Hypertension, High Cholesterol, Stroke, Cerebral Vascular Disease and Congestive Heart Failure)
- Other chronic conditions that will benefit from condition management and health coaching

Conditions:

1. If you are a candidate for the Living Well Program, you will be contacted by a Total Lifestyle Coach from MedWatch and asked to enroll in the Living Well Program.
2. If you know you have a chronic condition and would like to learn more or enroll, you may call MedWatch directly at 800-432-8421, then press “0” and ask to speak to a Living Well representative.
3. Each participant will be assigned a personal Total Lifestyle Coach for the program.
4. Enroll in Living Well before April 30 (or maintain enrollment if currently participating).
5. Actively participate in the Living Well sessions as designed by your Total Lifestyle Coach.
6. Should you stop participating in coaching or request to be removed from coaching, the wellness discount will no longer be received for the remainder of the Plan year.