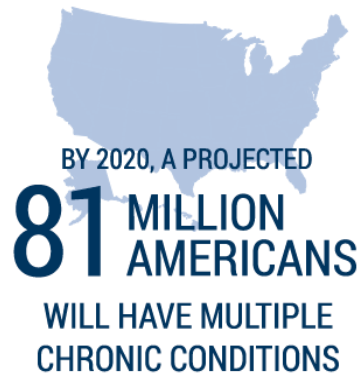
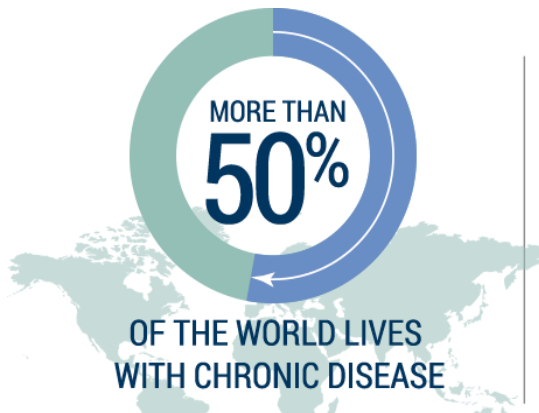




DRURY UNIVERSITY HEALTH PLAN MEMBERS



DO YOU OR A FAMILY MEMBER HAVE A CHRONIC CONDITION?

70% OF CHRONIC CONDITIONS ARE PREVENTABLE!

Working with a MedWatch Total Lifestyle Coach significantly improves your chances of slowing or stopping the progression of chronic conditions and can greatly improve your overall health and quality of life.

- *ASTHMA*
- *CONGESTIVE HEART FAILURE*
- *CORONARY ARTERY DISEASE*
- *CHRONIC OBSTRUCTIVE PULMONARY DISEASE*
- *DIABETES*
- *HYPERLIPIDEMIA*
- *HYPERTENSION*
- *EPILEPSY*
- *CROHN'S*
- *MULTIPLE SCLEROSIS*
- *SCLERODERMA*
- *AND MANY MORE CONDITIONS & RELATED CO-MORBIDITIES*

LIVING WELL WITH CHRONIC CONDITIONS

A NO COST PROGRAM provided by MedWatch through your benefits plan, is available to help. If you have been identified with, or are at risk of developing, a chronic condition, a MedWatch Total Lifestyle Coach will be reaching out to you to explain the program, answer your questions and help you better understand how to manage your chronic condition effectively.

You can also enroll by reaching out to us. Simply call MedWatch at (800) 432-8421, press "0" and ask to speak with a Living Well representative to begin your journey towards improved health.

The Living Well program is required in order to qualify for the Drury Wellness Discount Program



Manage The Care, Monitor The Cost, Measure The Quality

**You are not alone!
MedWatch Can Help!**