

# MY PLAN ASSESSMENTS

- 1 Personality Test Report   2 Interests Inventory Report   3 Skills Profile Report   4 Values Assessment Report

## MAJOR/CAREER EXPLORATION

AREA OF EXPLORATION	WHAT IT IS	HOW TO GET STARTED
Career Research	Learn key information about a particular field: duties, work environment, job outlook, salary, required education, etc.	<ul style="list-style-type: none"> <li>• “Career Match” in your MyPlan.com account</li> <li>• Occupational Outlook Handbook: <a href="http://www.bls.gov/oco">www.bls.gov/oco</a></li> <li>• What Can I Do With A Major In...? <a href="http://www.drury.edu/career/major">www.drury.edu/career/major</a></li> </ul>
Faculty & Academic Advisors	Ask about the type of coursework you would need to complete for a particular major and what recent graduates are doing with their degrees	<ul style="list-style-type: none"> <li>• Schedule an appointment</li> <li>• Prepare a list of questions</li> </ul>
Information Interviews	Meet with a professional in your field of interest to do in-person career research	<ul style="list-style-type: none"> <li>• Prepare a list of questions</li> <li>• Locate a professional in the field: ask faculty, contact Drury alumni, or search LinkedIn</li> <li>• Express appreciation to the professional</li> </ul>
Job Shadowing	Spend time with a professional in your field of interest to get a better idea of what a typical day is like	<ul style="list-style-type: none"> <li>• Prepare a list of questions</li> <li>• Locate a professional in the field: ask faculty, contact Drury alumni, or search LinkedIn</li> <li>• Express appreciation to the professional</li> </ul>
Internships	Seek real-world experience related to your major or area of career interest while receiving academic credit	<ul style="list-style-type: none"> <li>• <a href="http://www.drury.edu/career/internshipinfo">www.drury.edu/career/internshipinfo</a></li> </ul>
Take wide-ranging courses	Take courses across different disciplines to explore possible interests	<ul style="list-style-type: none"> <li>• Speak to an Academic Advisor about how your exploration could potentially satisfy general education requirements</li> </ul>

Need assistance? Schedule an appointment with Career Planning & Development.

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**[www.drury.myplan.com](http://www.drury.myplan.com)**