Health Risk Assessment Registration:

1. Go to www.coxhealth.com and select the “CoxHealth Express” link on the right side of the page.

2. If you are a New User to CoxHealth Express, click the “Create Account” button on the next page.
   - If you already have an Express account, use that login and password. You do not need to create a second account.
3. Complete the required fields, enter your e-mail address, and a Unique Username and Password you will remember.
4. You will receive an e-mail with a link to answer follow up security questions. This verification step ensures you and no one else is claiming your account.
5. Once you receive the confirmation e-mail, follow the link inside to confirm your account, and enter your Username login and password you just created.
6. Fill out security questions.
7. For additional help call 1-866-260-2667 or 417-269-9140.

8. Inside CoxHealth Express, click the link on the right side of the page to access the “Connect to your Corporate Wellness Program”. On first login,
   - You will be prompted to enter your location name or company name: Drury University
   - You will then be prompted to enter a password: Panthers
9. You will need to update your profile (this is a first time use requirement), with age, weight, activity level.
10. Read and Accept the Terms of Use by clicking the ‘I Agree’.
11. From your dashboard, select step 1 to complete the PHA
   - Input biometrics or skip to the next page by clicking ‘Next’ at the bottom of page.
12. After completing your PHA, click the ‘Dashboard’ at the top right next to your name.

- Select the “Step 2” from your Dashboard.
- On the calendar, look for blue boxes “Labs and Biometrics”.

13. Select a time to register for the Lab/Biometric session, and be sure to fast the night before for at least 10 hours prior to the session.